



# Denford BHS TREC Competition

ORGANISED BY CENTRAL TREC GROUP  
BHS Affiliated Riding Club

To be held on Saturday 17<sup>th</sup> and Sunday 18<sup>th</sup> August 2013  
at

**Brick Hill, Denford, Northamptonshire**

OS Explorer map 224 Grid ref SP 997 769

Postcode of The Cock Inn, Denford NN14 4EQ

**By kind permission of George and Diana Whittaker**

**Level 2 and Level 3 Individual and Pairs Competition**

**Level 3 Open and Newcomers classes**

**Classes 1, 2, 5 and 6 are qualifiers for the 2013**

**BHS TREC Championships of Great Britain**

**Organiser Helen Martin**

**Technical Delegate Mick Payne**

Visit our website [www.trecgroup.co.uk](http://www.trecgroup.co.uk)

**Competition Secretary:**

Helen Martin, 7 The Woodlands, Geddington, Kettering, Northamptonshire, NN14 1BE

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## The Event

**TREC competitions appeal to any combination of horse/pony and rider.** You can be as competitive or as laid back as you like! The main emphasis is to enjoy yourself.

The competition consists of three phases, the winners being those with the highest accumulated points. The phases may be presented in any order. Maximum total from all three phases = 460 points.

### Phase 1

POR (Trail Ride following a simple route). A master map is displayed and riders make a copy of the route shown on it. The object is then to ride as accurately as possible along this route, enjoying the scenery.

Distance up to 20km (Level 2) and up to 30km (Level 3). Competitors at Level 3 may be asked to navigate using grid references or bearings. Maximum 240 points

### Phase 2

CP (Control of Paces). Determines the rider's control of the horse's paces, slow canter and fast walk. Length up to 150 metres. Maximum 60 points.

### Phase 3

PTV (Cross Country Obstacles). Over a course of natural and simulated obstacles that could be met out hacking. Don't worry, you can miss out any you do not like without fear of elimination (but you **MUST** inform the judge if you do not wish to complete an obstacle). Maximum 160 points.

For further details see [www.bhs.org.uk/BHS TREC](http://www.bhs.org.uk/BHS_TREC) or telephone BHS on 01926 707700

### ENTRY FEES PER RIDER:

Central Trec Group (CTG) Members: £40.00 each

BHS Gold Members and affiliated (BRC) RC Members: £45.00 each

Non Members : £50.00 each

### HOW TO ENTER

Competitors that are not CTG, BHS Gold or BRC members are welcome at this event but must provide proof of insurance with entry.

All classes are subject to sufficient entries and the organisers reserve the right to cancel or amalgamate classes as necessary. Please enter early to avoid disappointment!

To be eligible for Central Trec Group Members rate, subscription for 2013 must have been paid (£22). You can include your 2013 subscription with the entry fee, if so please send a completed membership form which is available from [www.trecgroup.co.uk](http://www.trecgroup.co.uk). The entry form **MUST** be accompanied by a valid e-mail address OR a C5 (7 x 10 in) self-addressed envelope with a **FIRST CLASS** stamp. **Cheques for the correct amount should be made payable to 'Central TREC Group Ltd'** and sent with the entry form to Helen Martin.

For general information on BHS TREC, visit [www.bhs.org.uk](http://www.bhs.org.uk)

## Schedule and information

**Saturday 17<sup>th</sup> August**                      **09:00 Venue open, hat and body protector checking, POR phase**  
**19:00 Evening meal, The Cock Inn, Denford**

**Sunday 18<sup>th</sup> August**                      **09:00 CP/PTV course building**  
**11:00 Course available to walk**  
**12:00 (approximately) Control of Paces and PTV Obstacle phases**

<u>Classes:</u>	Class 1	<b>Level 2 Individual</b>	}	POR route length up to 20 km
	Class 2	<b>Level 2 Pairs</b>		PTV obstacle height approx. 70cm
	Class 3	<b>Level 3 Newcomers Individual</b>	}	POR route length up to 30km
	Class 4	<b>Level 3 Newcomers Pairs</b>		PTV obstacle height approx. 80cm
	Class 5	<b>Level 3 Open Individual</b>	}	POR route length up to 30km
	Class 6	<b>Level 3 Open Pairs</b>		PTV obstacle height approx. 80cm

Classes 3 and 4 are intended to encourage riders to try the move up from Level 2 to Level 3, and are open to horse and rider combinations who have not completed two or more Level 3 competitions (in any season). The route will include straightforward grid references and bearings, and will be slightly shorter than the stated Level 3 length. These are affiliated classes but are not Qualifying classes for the 2013 BHS TREC Championships.

### Entry closing dates and refunds/withdrawals

Entries close on Thursday 1<sup>st</sup> August. Late entries will be accepted at the discretion of the organiser and may be subject to a surcharge. Withdrawals up to this date will receive a full refund. Any refunds for withdrawals after the closing date will be in accordance with the Central TREC Group Withdrawals and Refund policy, which is available via the CTG website (About Us/ Withdrawals and Refund policy).

All entries must be in writing and accompanied by the correct entry fee. Please enter early as places will be strictly limited.

### Corralling

Corralling is available at the venue on Saturday night, but not on Friday. Anyone wishing to arrive on Friday can corral in Ringstead (approximately 1 mile away) and move to the venue on Saturday morning. The charge is £5.00 per horse for each night. There is no corralling available on Sunday night.

Please note that you must provide your own electric fencing.

The venue will be open from 9:00 on Saturday, if you need to arrive earlier please contact the organisers IN ADVANCE to arrange this.

### Camping

Camping will be available on site, but tents must be pitched in the separate area provided.

### Water

Water for horses will be available at the venue from a trough in the area being grazed by cattle, but this must be fetched (horses cannot be taken into the cattle grazing area). There will be no human water available on site. Horse and human water will be available for those corralling on Friday night. If the forecast is for very hot weather then extra water may be provided.

### Start times and competitors' information

These will be available on the club website and will be emailed to all participants by the Wednesday before the event. If you do not have access to the internet please enclose a first class SAE with your entry. Please do not telephone for times unless you have not received them by the Thursday immediately before the event, in which case please call Helen Martin.

### Dogs

Dogs are allowed at the venue but must be kept on a lead AT ALL TIMES. There will be cattle grazing in a fenced off section of the corralling field.

### Toilets and showers

There will be toilets but no showers on site.

### Catering.

The Saturday night evening meal has been arranged at the Cock Inn, Denford. This is in walking distance from the corralling field (10-15 min walk). There is a fixed price of £9.00 for two courses. The meal must be booked in advance on the entry form.

Anyone helping for a full day will be offered a free Saturday evening meal. Refreshments will be provided during the day to all helpers.

**All TREC competitions rely on the support of volunteer judges and helpers. Can you or anyone coming with you lend a hand? Please indicate on your entry form if you are able to bring anyone with you to assist us with judging or stewarding. Competitors can also help us with setting up, clearing equipment away, collecting scores etc. No judging experience necessary – we are grateful for all offers of help and you will learn lots from the inside! Even a couple of hours help can make a difference and there are lots of jobs suitable for non-horsey mums/dads/partners. Volunteers assisting at Central TREC Group events are thanked with a discount voucher, which can be redeemed against CTG entry fees, membership fees, training events and clothing. Vouchers are transferrable and last for 2 years (after the end of the season in which they are awarded).**

## 2013 BHS TREC RULES

Rules as per the current BHS TREC Rulebook (Sixth edition) and general rules detailed below.

BHS TREC Rulebook is available from the British Horse Society Bookshop, Abbey Park, Stareton, Kenilworth CV8 2XZ. ([www.britishhorse.com](http://www.britishhorse.com)).

1. BHS TREC Competitions are open to all horses and ponies providing that they are a minimum of four years old in 2013 (i.e. a horse born in 2009 may compete in BHS TREC in 2013).
2. Mares more than four months pregnant should not be competing.
3. Competitors must hold suitable third party liability & personal accident insurance or be a BHS Gold member or BRC member.
4. Riders under the age of fourteen on day of competition may only compete in Pairs classes and must be accompanied by a rider of 16 years or older. Pairs ride together for POR and separately for CP and PTV. Parents/guardians of competitors under the age of 16 will be required to complete a Parental Consent Form.
5. Competitors competing in BHS TREC Qualifiers or the Championship of Great Britain must either be a BHS Gold Member or a BRC member.
6. Clearly visible coloured tail wraps/ribbons should be worn to advise other riders of a potential hazard – Red = Kicker, Green = young/inexperienced horse, Blue = Stallion. If the horse/pony is a stallion then a stallion disc should be worn on both sides of the bridle.
7. For Level 1 and Level 2 competitions any **Senior** rider who have been selected to represent Great Britain at TREC in the last two years will be ineligible to compete as individuals (they may compete HC). They may compete as part of a pair but will be penalised 25 points per phase for both the POR and PTV phases (total 50 points).
8. No rider will be permitted to start any phase of the competition unless wearing a hard hat, which meets a standard currently recommended by the BHS PAS 015, BSEN1384, EN1384, All SEI, ASTM F1163, SNELL E2001, Australian & New Zealand All SAI AS/NZS 2828. All of the above should have the BSI 'KITE' mark and/or the American equivalent, the 'SEI' mark securely (non-removable) attached to the hat.
9. Riders **MUST** wear a BETA Level 3 body protector manufactured after 2000 during the PTV phase of the competition. **If a rider is wearing a body protector for the PTV phase the following allowances will be added to the height of the Low branches obstacle for that competitor: Level 1 & 2 – 2 inches, Level 3 & 4 – No Allowance.** Riders may also wear a body protector for the POR phase if they choose to do so.
10. Riders must wear suitable riding footwear, or use suitable enclosed stirrups.
11. Standing Martingales and other fixed reins are forbidden.
12. Whips must not exceed 75cms (1m for side-saddle). Spurs if worn must be rounded, not exceeding 3cms in length and **pointed downwards**.
13. Mobile phones may be carried for use in emergency but must be declared prior to entering the map room and be switched off.
14. During the POR phase riders must wear fluorescent/reflective hi-viz clothing. The minimum requirement is clearly visible fluorescent strips (or garment) on the rider's torso. It is strongly recommended that this is also reflective, and is supplemented by a fluorescent/reflective hatband and fluorescent/reflective hi-viz on the horse.
15. Medical armbands and ID are compulsory and must be worn for all three phases of the competition. The medical armband should include basic information to help any First Aid staff to assist you and should be easily visible/ Information should include: Name, Address, Next of kin with contact details, competitor number, emergency telephone number for event and any relevant medical information (e.g. allergies, any current medication). Medical armbands can be purchased from the BHS Bookshop priced £5.99 Tel: 02476 84054.
16. ID will also be required to be carried on the horse during the POR. This should be visible, and should consist of (minimum) competitor number, and emergency telephone number for event.
17. A horse losing a shoe (or boot) during the POR must be fitted with appropriate protective footwear (a hoof boot or replacement shoe if the competitor is also a registered farrier), and will not be permitted to leave a checkpoint without such a boot being fitted and time penalties will be incurred if the rider cannot leave a checkpoint at their allotted time. Competitors competing in Hoof boots will be expected to replace the missing boot with a replacement, while out on the POR.
18. If competing in Hoofboots emergency farrier tools for removing a shoe would not be required, however **riders are recommended to carry a tool/tools suitable to adjust the sizing of their particular brand of hoof boot**. If the horse is unshod a hoof-boot must still be carried at Level 3 or above. In the event that the hoof becomes damaged or horse becomes lame and the horse can no longer continue, the hoof-boot could be used to alleviate any pain or discomfort if necessary.

19. The decisions of the BHS Technical Delegate and the Judges are final and must be complied with at all times. Competitors may be eliminated from the competition for any of the following reasons:
- Excessive use of the whip
  - Dangerous riding
  - Abusive language/rudeness
20. **For every commencement of a minute that a competitor stays over their allocated departure time at all checkpoints, including the map room, 5 penalties will be given.**
21. **Fall Ruling – POR –** Competitors experiencing a fall during this phase are required to report the details to an official (organiser/TD/next checkpoint judge). All falls during the POR phase will not result in automatic elimination unless the official considers the competitor is unfit to continue.
- CP – A fall of rider/horse during either the canter stage or walk stage of this phase will result in a zero score for that stage only. A fall during this phase does not result in automatic elimination unless the official considers the competitor is unfit to continue.
- PTV – Competitors experiencing a fall as a result of an obstacle during this phase of the competition will be awarded 65 penalties. If the same rider is then to become unseated for a second time, this will result in elimination from the competition. If a rider becomes unseated/falls off not as a result of an obstacle, the competitor can remount and continue without being awarded any penalties. A rider may be given a 'leg up' after being unseated without the risk of being eliminated.
- PTV – Horse fall – Any horse fall (a horse or pony is considered to have fallen when the shoulder and the quarters have touched the ground) during this stage will result in elimination from the competition.

#### **REQUIRED EQUIPMENT**

Tack and equipment will be checked. The following should be carried on the POR phase, failure to have these items incurs a 2 point penalty for each item up to a maximum of 10 penalty points:

**POR Required Equipment (for all riders).** Penalties will be incurred for missing items

- Compass
- Pens (for map marking – ideally two colours, permanent ink with thin nibs, red and fluorescent orange are popular and black or blue for notes)
- Torch (lightweight – sufficient to read a map – a head torch is ideal)
- Waterproofs
- Whistle (for use in emergencies) to be carried on the rider
- Headcollar and leadrope or combination bridle
- Emergency farriers tools (suitable for the removal of a shoe and nails) and equi – boot or similar (compulsory at Level 3 and 4, recommended for Level 2)
- **Every competitor whether competing as an individual or as part of a pair should each carry all of the equipment**

#### **Helpful equipment for the POR phase**

Map case, Drink/snack for rider, Coins for emergency phone call, Digital watch (or stopwatch), mobile phone (switched off).

\*Hard hat and medical armband are required for ALL phases of the event. Tack used must remain the same for all three phases.

#### **HEALTH AND SAFETY**

- The event manager/organiser should take all reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the officials and stewards on the day.
- Trained First Aiders will be present at the event and should be summoned through an official in the event of an accident. The event manager/organiser will provide contact telephone numbers for emergency veterinary and farriery service.
- Competitors are asked to safeguard valuable tack and possessions. Young children must be supervised at all times. Neither the event manager/organiser nor the land/course owners can accept responsibility for loss or injury to persons or animals howsoever caused.

# Denford BHS TREC competition 17<sup>th</sup>-18<sup>th</sup> August 2013

## Entry Form

Entries close Thursday 1<sup>st</sup> August 2013



A separate entry form must be completed for each rider, even if riding as part of a pair.

<b>LEVEL 2 or LEVEL 3 Newcomers or LEVEL 3 Open</b> (please circle)	Class: <b>INDIVIDUAL or PAIRS</b> (please circle)
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<b>Rider's Name:</b>	<b>CTG Member</b> (please circle) <b>Y / N</b>
Address:	
Postcode:	
Email address:	Tel:
<b>CTG/BHS/BRC membership No:</b>	Rider D.O.B: (if under 16)
Horse's Name:	Height:
Breed:	Year of Birth:
Name of pairs partner (if applicable):	

**Membership numbers must be included for discounted entry fees to apply. Non-members must send a photocopy of their public liability insurance with their entry form.** Riders who fail to prove that they have insurance will be required to join Central TREC Group before they are permitted to ride.

If you are coming to the evening meal, please give any special dietary requirements (including vegetarian)

If you are able to provide help please give details here:

Name of helper:	Mobile Phone number during event:
E-mail address:	Any previous TREC experience: Y / N

***If the event is oversubscribed priority for entries will be given to those who can bring a helper***

<b>Please complete the appropriate boxes below:</b>		Fee Enclosed:
Entry fee	Central TREC Group (CTG) Members: £40.00 each BHS Gold Members/ affiliated (BRC) RC Members: £45.00 each Non Members: £50.00 each	£
Saturday evening meal tickets @ £9.00 each (judges free)	Number of tickets required (competitor and judges):	£
Corralling fee (£5.00 per horse per night) for Friday/ Saturday/ both (please circle)		£
I will be camping in a horsebox/ trailer/ caravan/ tent (please circle)	Total amount due:	£
I enclose CTG volunteer vouchers to the value of:		£
I enclose a cheque, made payable to <b>Central TREC Group Ltd</b> , for:		£

I have read, understood and agree to abide by the rules for the competition (for competitors under the age of 16, parent or guardian must sign and a Parental Consent form, available from the CTG website, must be completed and sent with this form).

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Entries & Enquiries to: **Helen Martin, 7 The Woodlands, Geddington, Kettering, Northants, NN14 1BE**