



Central TREC Group



GREAT BOWDEN TRAINING

17th/18th August 2019

Field adjacent to A6, Great Bowden, LE16 7FN

By kind permission of C.N. & M. L. Weston

This will be a full TREC (all 3 phases) with instruction or assistance if required. Scores and club rosettes will be given for all competitors. This event is not a competition so league points and qualification are not available.

- 1. Level 1 Open – suitable for practice for those entering the TREC GB Level 1 Championships Pairs and Individuals**
- 2. Level 1 Novice – suitable for those who have done some Level 1 TREC competitions but not qualified for the Championships Pairs and Individuals**
- 3. Level 1 Newcomers – suitable for those who have not completed a TREC Summer competition Pairs and Individuals**
- 4. Level 1 Assisted – POR may be accompanied by an assistant/mentor mounted on horse or bicycle Pairs and Individuals [CTG may be able to offer ‘nanny riders’ for individuals or pairs who would like assistance but cannot source their own mentor. Please mark on your entry form if you would like to request one.]**
- 5. PTV practice – additional PTV round (either mounted or in hand). [A horse or pony may attempt the PTV course up to 3 times during the day, including their round for class 1-4.]**

Cost (per rider) Full TREC £50, POR only £30, MA only £5, PTV only £15
Plus £5 for non CTG Members for Day Membership of CTG (only needs to be paid once)
Corralling available for Friday and/or Saturday nights @ £10 per horse

Entries for classes 1-4 must be received by Thursday 8th August. Late entries will be accepted at the discretion of the organiser and may be subject to a surcharge. Entries for class 5 may be taken up to 8pm on Friday 16th August. Please enter early as places will be limited. If full a waiting list will be kept and priority may be given to those riders who were on the waiting list for Oakham or riders able to bring a helper.

Entries and schedules: Helen Martin, helen.martin@trecgroup.co.uk (please email for the postal address for paper entries). Online entry form can be found via the CTG website www.trecgroup.co.uk.

For more information visit www.trecgroup.co.uk or www.trecgb.com

Equine Flu Requirements: TREC GB requires that all events involving equines must insist that vaccinations are up to date (12 month cycle) and check passports before horses are unloaded. Horses that have had their annual vaccination or a booster within six days of the event will not be allowed to compete.

The twelve month cycle means that a horse's vaccinations should be dated on or within 365 days (twelve months), for each year recorded on the passport after the initial cycle of three injections were originally completed. For example a horse vaccinated on 15th March one year needs to be vaccinated on or before 15th March the following year. This also applies in leap years.

2. Horses with several years of annual booster vaccinations may have gaps in their record provided that;
- The first two primary injections were administered correctly before 1st January 2014. (2nd injection 21-92 days after the 1st injection).
 - All annual boosters since 1st January 2014 are within time.

N.B. For unvaccinated horses to be able to compete a new programme takes a minimum of 28 days.

Please send a copy of the Flu Vac Checker Excel file (available via www.trecgroup.co.uk/calendar), completed with the dates from your horse's passport (and vaccination card, if applicable) AND a copy of your horse's vaccination records (ie horse details page and all completed vaccination pages) to the entries secretary along with your entry before the closing date.

Horse water and toilets will be provided on site. Camping site (for tents) will be available.

Dogs welcome but must be on lead.

Saturday supper will be available if there is sufficient demand. If not there is a Pub in the village (within walking distance).

Helpers

All TREC events rely on the support of volunteer judges and helpers. Can you or anyone coming with you lend a hand?

Please contact Helen Martin via helen.martin@trecgroup.co.uk if you can assist us with judging or stewarding on the day. Competitors can also help us with setting up, clearing equipment away, judging on Sunday, collecting scores etc. No judging experience necessary – we are grateful for all offers of help and you will learn lots from the inside! Even a couple of hours' help can make a difference and there are lots of jobs suitable for non-horsey mums/dads/partners. We provide all non-riding judges with free refreshments (including Saturday night meal tickets for those who help on POR day) and a thank you present or CTG Volunteer Voucher (please indicate which you would like when you volunteer if possible).

What is TREC?

TREC is a fun riding event usually comprising three phases. Competitions involve the skills and situations a rider might encounter on a hack, including map reading (using Ordnance Survey maps usually 1:25 000 scale).

The three phases:

POR (mounted orienteering)

You are provided with a map, onto which you copy the route. Then you follow the route at pre-determined speeds (usually between 6 and 12 kph). Along the route there are checkpoints, where you are likely to be given a change of speed. There also may be markers, or tickets, to be noted on your record card, which is also provided. Riders usually start at 5 minute intervals. In Pairs classes this phase is ridden as a pair, with MA and PTV ridden separately.

MA (control of paces)

This is a test to determine the rider's control of the horse's paces. Canter as slowly as possible and walk as fast as possible. This will be timed over a marked corridor, up to 150 meters long.

PTV (cross country trials)

A timed course involving up to 16 obstacles aimed to simulate what you may meet on a hack. Some of the course may take place dismounted. You can decline to do an obstacle without being eliminated but must stop and tell the judge at that obstacle.

After the three phases the points gained by the individual/ pair are totalled and the highest total wins.

REQUIRED EQUIPMENT

Tack and equipment will be checked. The following should be carried on the POR phase.

POR Compulsory Equipment (for all riders) Riders will not be permitted to start the POR without carrying ALL the items on this list:

- Approved hard hat. **(Hat standards changed 2017, please check current required standard)**
- Headcollar and leadrope or combination bridle
- Medical armband with emergency phone numbers for the event
- Horse ID with rider details and emergency phone numbers for the event
- First aid kit for horse and rider. **Human kit to be carried on the rider.**
- Torch (suitable for riding after dark. A head torch or similar to read the map and a light to make you and your horse visible to car drivers/walkers are recommended.)
- High vis clothing (minimum of fluorescent strips on the rider's torso)
- Whistle (for use in emergencies) **to be carried on the rider.**
- Level 3 & 4 riders: correctly sized hoof boot or similar and (for shod horses) a set of emergency farrier's tools suitable for the removal of a shoe. Level 1 & 2 competitors are advised to carry these but it is not required.

POR Additional Equipment (for all riders) Failure to have these items incurs a 2 point penalty for each item up to a maximum of 10 penalty points:

- Compass
- Hoof pick
- Pens (for map marking – ideally two colours, permanent ink with thin nibs, red and fluorescent orange are popular for route marking and black or blue for notes)
- Waterproofs

- Mobile phone – If a rider chooses to carry a mobile phone must **it must be carried on the rider.**
- Every competitor whether competing as an individual or as part of a pair should carry all of the equipment listed except the farrier tools (one between the pair is sufficient).**

Helpful equipment for the POR phase

Map case, Drink/snack for rider, Coins for emergency phone call, Digital watch (or stopwatch).

*Hard hat and medical armband are required for ALL phases of the event. Tack used must remain the same for all three phases.

For 2019 all hard hats must comply with one of the standards listed below.

- PAS 015 (1998 or 2011) provided it has a BSI Kitemark OR an Inspec IC Mark
VG1 01.040 (2014-12) provided it has a BSI Kitemark OR an Inspec IC Mark
- SEI ASTM 95
- ASTM F1163 (2004a or 04a onwards), providing it has an SEI mark
- SNELL E2001 OR E2016, providing it has a SNELL label and number
- AS/NZS 3838 (2006 onwards), providing it has an SAI Global mark

Any hat used must conform to one or more of these standards

PTV Equipment

For 2019 Riders must wear a BETA level 3 standard body protector **Purple label, body protectors must have a label dated 2009 or later, or Blue/Turquoise Label dated 2018** for the PTV phase. **From April 1st 2018 an approved body protector must be worn for the PTV at all levels unless the course includes no ridden fixed jumps. The definition of a fixed jump includes jumps such as hedges, path crossings, steps up, steps down and tree trunks which cannot be knocked down.** Body protectors are recommended on the PTV phase even when no fixed jumps are used.

HEALTH AND SAFETY

The event manager/organiser will take all reasonable precautions to ensure the health and safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the officials and stewards on the day.

Trained First Aiders will be present at the event and should be summoned through an official in the event of an accident. The event manager/organiser may provide contact telephone numbers for emergency veterinary and farriery services.

Competitors are asked to safeguard valuable tack and possessions. Young children must be supervised at all times. Neither the event manager/organiser nor the land/course owners can accept responsibility for loss or injury to persons or animals howsoever caused.

TREC RULES – this training event will be run with reference to these rules but additional support and guidance may be given to riders

Rules as per the 5th edition TREC GB rulebook, which can be found at www.trecgb.com/Rulebook.html.

- 1) Horses must be a minimum of four years old to compete at Level 1, 2 and 2A and five years old to compete at levels 3 and 4 (i.e. for levels 1, 2 and 2A, a horse born in 2015 may compete in 2019). Mares more than four months pregnant may not compete.
- 2) The welfare of horses competing in British TREC competitions is paramount. No horse may compete if it is unsound or unfit to carry the rider for any reason. Any rider who continues on a horse that they know to be unsound or that has been definitively stopped by the veterinary surgeon or designated competent official on fitness and/ or welfare grounds will be eliminated from the competition.
- 3) Riders under the age of fourteen on day of competition may only compete in Pairs classes and must be accompanied by a rider of **18 years or older**. Pairs ride together for POR and separately for the MA and PTV. Parents/guardians of competitors under the age of 16 will be required to complete a Parental Consent Form (available on the TREC GB website).
- 4) All riders competing must be members of either Central TREC Group, TREC GB or a GB TREC Club. Non members will pay an additional £5 to become members of Central TREC Group for the duration of the competition.
- 5) Clearly visible coloured tail wraps/ribbons should be worn to advise other riders of a potential hazard – Red = kicker, Green = young/inexperienced horse, Blue = stallion. If the horse/pony is a stallion then stallion discs must also be worn on both sides of the bridle.
- 6) No rider will be permitted to start any phase of the competition unless wearing a hard hat, which meets a standard currently approved (listed in Appendix 2 TREC GB Rulebook). The appropriate hats should have the BSI 'KITE' mark and/or Inspec IC Mark and/or the American equivalent, the 'SEI' mark securely (non-removable) attached to the hat. Medical armbands must also be worn for all phases.
- 7) Riders must wear a BETA level 3 standard body protector for the PTV phase. **For 2019 all body protectors must have a purple label dated 2009 or later, or Blue/Turquoise Label dated 2018.** An approved body protector must be worn for the PTV at all levels unless the course includes no ridden fixed jumps. The definition of a fixed jump includes jumps such as hedges, path crossings, steps up, steps down and tree trunks which cannot be knocked down. Body protectors are recommended on the PTV phase even when no fixed jumps are used. It is recommended that body protectors are replaced every 3-5 years, even if they are apparently undamaged.
- 8) Riders must wear clothing that is suitable and practical for riding out in the countryside. Horses must wear the same tack (saddle and biting arrangement) for all three phases.
- 9) Horses may compete shod or unshod. Horses with loose or badly fitting shoes will not be allowed to compete. The state of shoeing will be noted at the vetting or tack check and this will be considered the minimum shoeing for the POR for that horse. If a horse loses a shoe on the POR and no hoof boot/ similar is available to replace it then the rider will be eliminated and the horse must be led/walked back to the venue by the shortest route or transported in a horsebox/trailer.
- 10) Standing martingales and other fixed reins are forbidden. For led PTV obstacles the horse must be led using the reins taken over the head or a headcollar and leadrope. If a horse is ridden in a running martingale it must be led from a headcollar and rope for any led obstacles on the PTV, unless the martingale can be unclipped from the neckstrap so that the reins can be taken over the horse's head.
- 11) Whips must not exceed 75cm (1m for side-saddle) overall length (including any thong or tassel). Spurs, if worn, must be rounded, not exceeding 3cm in length and **must not point upwards**.
- 12) Mobile phones may be carried for use in emergency but must be declared prior to start of POR and be switched off. Level 1 competitors may be asked to ride with their phones turned on and provide their mobile number to the organisers at the tack check.
- 13) During the POR phase riders must wear fluorescent/reflective hi-vis clothing. The minimum requirement is clearly visible fluorescent strips (or garment) on the rider's torso. It is strongly recommended that this is also reflective, and is supplemented by a fluorescent/reflective hatband and fluorescent/reflective hi-vis on the horse.
- 14) Medical armbands and ID are compulsory and must be worn for all three phases of the competition. The medical armband should include basic information to help any First Aid staff to assist you and should be easily visible. Information should include: name, address, next of kin with contact details, competitor number, emergency telephone number for event and any relevant medical information (such as allergies, any current medication).
- 15) If a rider / pair returns to the venue without having passed through the finish checkpoint (ie still in possession of their record card) they must report to the map room or an official immediately.

It is your responsibility to familiarise yourself with the basic rules. The TREC GB Rulebook (5th edition 1 February 2019) can be found on the TREC GB website, www.trecgb.com/Rulebook.html.

Great Bowden British TREC training event

Training Entry and Membership Form

17th – 18th August 2019

Rider's name: D.O.B:

Address:

..... Post code.....

Email:..... Telephone.....

I am / am not a Central TREC Group member (please circle) Membership No.....

I am / am not a member of another TREC GB club (please circle and state Club name below)

Club Membership No.....

I am / am not a TREC GB member (please circle) Membership No.....

I am an International Rider

Horse name:..... Horse Age:.....

Height:..... Colour..... Breed:.....

CLASSES and EXTRAS (please tick) [All entry fees are per rider]

Class 1 – Level 1 Open £50.00 (POR only £30.00)	Individual	<input type="checkbox"/>	Pair	<input type="checkbox"/>
			Partner:	
Class 2 – Level 1 Novice £50.00 (POR only £30.00)	Individual	<input type="checkbox"/>	Pair	<input type="checkbox"/>
			Partner:	
Class 3 – Level 1 Newcomers £50.00 (POR only £30.00)	Individual	<input type="checkbox"/>	Pair	<input type="checkbox"/>
			Partner:	
Class 4 – Level 1 Assisted £50.00 (POR only £30.00)	Individual	<input type="checkbox"/>	Pair	<input type="checkbox"/>
			Partner:	
Class 5 – MA practice £5.00 for MA round		<input type="checkbox"/>	PTV practice £15.00 for PTV round	<input type="checkbox"/>
Corralling £10.00 per horse/pony for one or both nights		<input type="checkbox"/>	Day membership to Central TREC Group £5.00 (only needs to be paid once per rider for the whole weekend)	<input type="checkbox"/>
Total fee due:			£	<input type="text"/>

[Class 4 entrants only] I would / would not be interested in requesting a 'nanny rider'. (Please delete as required.)

I would / would not be interested in a meal on Saturday evening. (Please delete as required.)

I enclose CTG Volunteer vouchers (codes.....) total value £.....

I enclose a cheque for £..... **made payable to 'Central TREC Group'**, for entry fees.

I have paid £..... by BACS. (BACS details 08-92-99, a/c 65796977 ref Gt Bowden and rider's name)

I have paid £..... by Paypal to paypal@trecgroup.co.uk with rider's name

I have read and understood the rules and agree to abide by them.

SIGNED:

Emergency Contact details in case there's an accident during the event:-

Name..... Telephone.....

Your name, membership number and contact details will be passed to TREC GB. TREC GB may contact you but they will not share your details with other organisations. Please contact admin@trecgb.com if you do not wish your details to be held by them.

If the competitor is under 16 a parent or guardian must sign. A parental consent form must also be sent for any riders under 16. The form is available on the TREC GB website or via <http://www.trecgroup.co.uk/about-us/parental-consent-form>.

Starting times and full directions will be on the club web site by the Wednesday prior to the competition. If you do not have internet access please enclose a SAE with your entry for this information. If you have not received your info by Thursday 15th July 2019 please call Helen Martin on 07979 594665.

To help us with planning and catering if you are bringing a helper with you please give their details below:

Name Level of experience.....

Email address Mobile

Will have a vehicle available (please circle) No Car 4x4

Any special dietary requirements

Would prefer (please circle) CTG thank you present CTG Volunteer voucher