



# CENTRAL TREC GROUP

## POR Training ride (or early season warm up)



**Sunday 29 March 2020**

**Salcey Forest, Forest Road, Northampton – NN7 2HA**

We are running a newcomers POR training session at Salcey forest. This training is aimed specifically at those who are new to TREC. You will be given guidance on how to copy your map, in our Map Room, then tack up your horse and head out on your POR training ride. We will then head out in small groups of 3-4 with a trainer. Training will be led by Claire Pollard.

We have a small number of spaces available for more experienced riders wanting to ride as individuals/pairs out of the training groups.

The route is expected to be 8-10km in length and on mostly surfaced tracks. There will be some road crossings.

Please note that parking is in the designated Horsebox carpark (not the main forest carpark). Space is limited so you will need to park neatly to allow others to fit in. As a result spaces will be limited on the ride. There is a parking charge at the venue – which you will need to pay on your arrival, it is not included in the training fee.

**Entries:** Please use the jot form link to enter - <https://form.jotform.com/200166045916350>

**Enquiries to:** [Entries@trecgroup.co.uk](mailto:Entries@trecgroup.co.uk)

**Membership:** If you would like to join Central TREC Group, please see our website [www.trecgroup.co.uk](http://www.trecgroup.co.uk) and send your membership application form along with your entry.

**POR training - CTG members £8, non-members £10**

*PayPal (payments should be sent to [paypal@trecgroup.co.uk](mailto:paypal@trecgroup.co.uk)) or BACS transfer (sort code 08 92 99, account number 65796977, please use your name and 'sal20 as the reference)- if you need to post a cheque please contact [emtries@trecgroup.co.uk](mailto:emtries@trecgroup.co.uk) for address.*