



CENTRAL TREC GROUP

MOUNTED POR TRAINING

Saturday 25th July & Sunday 26th July 2020

Dimlicote Farm, Welham Lane, Great Bowden, Market Harborough, LE16 7FN

By kind permission of Mrs M. L. Weston

Enquiries to Helen Martin – central@trecgroup.co.uk

**A great opportunity to find out more about the sport
of TREC or to practice your existing skills**

- Mounted POR exercises and practice for individuals, pairs and small groups.
 - Two route lengths available - 14km (2 hours approx.) and 22km (3 hours approx.)
 - Mounted instruction may be available, subject to availability of trainers
 - Both days will follow the same format and routes – please apply for just one!
 - Please enter early, if full a waiting list will be kept.
 - Please do not attend if you have any covid-19 symptoms – refunds will be paid for non-attendance for this reason.
-

Cost – CTG members £20, non-members £25

Any riders who act as guide riders will receive our sincere thanks and a £5 CTG voucher. Please let us know on your form if you would like to be a guide (and over which distance(s)).

Entry Form – Dimlicote POR Training

If you could enter via our [JotForm](#) and pay via the [online shop on our website](#) that will reduce our admin burden. Payments can be made via PayPal using the online shop, using a credit or debit card if you don't have a PayPal account.

If you wish to pay by cheque and/or send in a paper entry form, please email central@trecgroup.co.uk to ask for the postal address. Please note that cheque payments are subject to a £2.50 admin charge.

Planned structure for each day:

- Riders will be given arrival and start times and a parking area to use so that social distancing can be maintained.
- A 'guide rider' can be requested if you would rather not go out alone – guided groups will be up to 6 (including the guide). One guided group will start per half hour slot.
- Riders not requesting a guide will be able to ride individually or in pairs, starting at 10 minute intervals.
- Blank maps and the master map (with route) will be emailed out before the event. If you are able to print the blank map at home and draw the route onto it then you are encouraged to do so. If not, then pre-printed maps will be available at the venue. [Please advise if you think you will need a pre-printed map so that we can order the right number.]
- You will be given a record card (per individual, pair or guided group). When you are started out onto the route, you will record the time on your record card and be given a speed to do the first section of the route.
- Notices will be posted along the route to mark 'unmanned checkpoints'. You should record the time you arrive there and have a break to give your horse a breather (5 minutes or so). When you leave, you record your departure time on your record card and the notice will give you a speed for the next section.
- When you return to the venue, you can give your record card in. Your score for the route will be calculated and emailed to you and/or posted on the CTG website a few days later.

Rider information:

- We will endeavour to reduce to a minimum the number of gates that have to be opened on the route, but this is a mixed farming area so the routes go through some livestock fields. We advise all riders to carry hand sanitiser so that hands can be cleaned before and after opening any gates.
 - This event is open to horses and ponies (or other equines, as defined in the British TREC Rulebook) aged 4 years and older. Mares more than four months pregnant may not attend.
 - Clearly visible coloured tail wraps/ribbons should be worn to advise other riders of a potential hazard – Red = kicker, Green = young/inexperienced horse, Blue = stallion. If the horse/pony is a stallion then stallion discs must also be worn on both sides of the bridle.
 - Riders under the age of 14 must ride with a rider aged 18 years or older. Parents/guardians of riders under the age of 16 are requested to complete a Parental Consent Form (available on the TREC GB website).
 - The venue is a working livery yard and part of a beef farm. We would therefore ask you to leave dogs at home if at all possible. If you do need to bring one, it must be on a lead at all times at the venue and secured in a vehicle while you ride.
 - We will not do a tack check as at a normal competition, but we would encourage you to think about any equipment that may be useful (first aid kit, waterproofs, etc) and carry it. We will check hats on arrival, to ensure they meet at least one of the required standards. Body protectors, if worn, must be BETA Level 3 and dated 2009 or later. Full details of approved hat and body protector standards are given in the British TREC Rulebook, 5th edition. The wearing of medical armbands and hi-vis clothing is strongly advised and emergency phone numbers will be communicated to riders before the event so that they may be carried.
 - There is a water trough in the parking field and there are mains water taps on site, although if you are able to bring any water you need that would be much appreciated. There are no toilets and refreshments won't be available at the venue, please ask if you need suggestions about where to buy food nearby.
-